

1. A. Identification of the participant and general information

Purpose of the participant report

This report on your experiences will provide the EEA Programme with valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the Participant Report Form. Please complete and send this report at the end of your mobility period abroad. Then print the last page which confirms that the Final Report has been submitted. On printed version please mention "I sent this final report on dd/mm/yyyy", write your name and surname and sign it. All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45/2001 and Regulation (EU) 679/2016 of the European Parliament on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the Project Promoter, Programme Operator and to relevant institutions.

* 1. First and last name

(See section "Recommendations, publication and usage rights of the information" at the end of this questionnaire concerning usage of the personal information)

* 2. Mobility start date (dd/mm/yyyy)

* 3. Mobility end date (dd/mm/yyyy)

* 4. Email address, where I can be contacted in the future :

(See section "Recommendations, publication and usage rights of the information" at the end of this questionnaire concerning usage of the personal information)

* 5. Name of the HOME institution:

* 6. Name of the HOST institution:

* 7. What type of activity did you carry out?

2. B. Practical arrangements

* 8. Please describe briefly the preliminary contacts with the host institution (who, why has chosen it and how?)

* 9. Was a staff teaching /training agreement between you and your institution signed before the mobility?

Yes

No

* 10. Please rate the organisational and financial conditions of mobility:

(Scale: 1=poor/negative, 5=excellent)

	1	2	3	4	5
Conditions relating to the mobility (cooperation with the host institution, acces to facilities, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Accomodation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
EEA grant conditions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 11. What were your main motivations for taking part in EEA mobility?

- To acquire knowledge and specific know-how from good practice abroad
- To develop my own competences in my field and increase the relevance of my teaching
- To increase knowledge of social, linguistic and/or cultural matters
- To gain practical skills relevant for my current job and professional development
- To increase my job satisfaction
- To build up new contacts/expand my professional network
- To reinforce the cooperation with a partner institution
- To build up cooperation with the labour market
- To create spin-off effects like curriculum development, development of joint courses or modules, academic networks, research collaboration etc.
- To experiment and develop new learning practices and teaching methods
- To share my own knowledge and skills with students
- To increase the quality and quantity of student and staff mobility to and from my sending institution
- To increase my future employment and career opportunities
- To improve my foreign language skills
- Other

3. C. Content of the activities

* 12. Please indicate what was the course methodology / training typology:

Lecture

Training courses

Seminar

Study visit

Workshop

Job shadowing

Other (please specify)

* 13. Details regarding the level of integration of the teaching / training abroad:

- co-teaching, involvement of more courses, etc.

- other activities developed/implemented in the host institution (e.g.: participation in test/exams, preparation of other cooperation activities/research, professional knowledge exchange, etc). Impact for possible future co-operation.

4. D. Personal and professional development

* 14. Thanks to EEA mobility I have gained sector-specific or practical skills relevant for my current job and professional development

Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 15. Furthermore, during my mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather agreee	Strongly disagree
I have learned from good practices abroad	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have experimented and developed new learning practices or teaching methods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have enhanced my organisational/management/leadership skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have reinforced or extended my professional network or built up new contacts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have reinforced the cooperation with the partner institution/organisation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have built cooperation with players in the labour market	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have built cooperation with players in civil society	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have improved my foreign language skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have increased my social, linguistic and/or cultural competences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have improved my competences in the use of Information and Communication Technology tools (e.g. computer, internet, virtual collaboration platforms, software, ICT devices, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have increased my job satisfaction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have enhanced my employment and career opportunities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. E. Your personal experience – overall evaluation of the EEA mobility

* 16.

Were the expected results (as they have been defined in the teaching assignment/training agreement) met?

- Yes
- No
- Other (please specify)

* 17. Did you get additional results?

- Yes
- No

If yes, please specify:

* 18. Remarks on positive elements and/or difficulties encountered:

* 19. Please evaluate the quality of the mobility period

(Scale: 1=poor/negative, 5=excellent)

	1	2	3	4	5
Assessment of the outcome of the mobility	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assessment of social/cultural benefits of the mobility	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overall evaluation of your EEA mobility	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 20. How do you plan to share your experience?

With a written report

At workshop(s) with colleagues

At staff meeting(s)

In the media

At conference(s)

Other

* 21. My mobility period had the following impact on my sending institution:

	Strongly agree	Rather agree	Neither agree nor disagree	Rather agreee	Strongly disagree	N/A
Will lead to the use of new teaching/ training methods/ approaches / good practices at my sending institution	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Will lead to new curricula / pedagogical materials/ study programmes or modules development	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Will lead to new IT tools for teaching, learning or assessing learning outcomes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Will lead to new joint scientific publications	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Will lead to new/ increased bilateral cooperation with the Donor States partner institution(s)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Will lead to the introduction of changes in the organisation/ management of my sending institution	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

6. F. Recommendations, publication and usage rights of the information

22. Recommendations or suggestions (ways in which the scheme could be improved etc.):

* 23. Publication and usage rights of the information and of the email address:

	Yes	No
I'm willing to help future EEA grant participants based on my experience. They can contact me at my email adress.	<input type="radio"/>	<input type="radio"/>
I agree that (parts of) this report can be published and made available to the general public	<input type="radio"/>	<input type="radio"/>
I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the EEA programme and related issues	<input type="radio"/>	<input type="radio"/>